

# CHAPTER 5 - MEDICAL/HEALTH

## DCDHHS\*: PUBLIC HEALTH DIVISION

\* DARE COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES

Main Office: 109 Exeter St., Manteo 27954 Mail: P.O. Box 669, Manteo 27954	475-5003 Fax 473-5763 Website: <a href="http://www.darenc.com/health">www.darenc.com/health</a>
Satellite Office: 50347 Hwy. 12, Frisco 27936	475-9320 Fax 995-6816
Sheila Davies PhD, Director	475-5076
Board of Health and Human Services	Tim Shearin, Chairman
<p>The Public Health Division of the Dare County Department of Health and Human Services encompasses <b>Dare Home Health and Dare Hospice</b>, providing nursing, therapies, social work, counseling and certified in-home nursing assistants for patients meeting eligibility requirements; <b>Environmental Health Services</b>, which inspects and issues permits for private and public institutions, including in-site sewage disposal systems, food and lodging facilities, and pools and schools; <b>Dare County Community and Clinical Services</b>, providing surveillance, prevention, education, and safety net clinic services, including investigating communicable diseases and case management services; and <b>Health Education and Outreach Services</b>, providing information and education helping to enable people live healthier lives.</p>	

Port New Horizons Mental and Substance Abuse Services 2808 S. Croatan Hwy. Ste, B, Nags Head 27959	441-2324 Fax 441-1994
Michelle Hawbacker, Program Supervisor	
Provides substance abuse and mental health services, assessment and outpatient treatment services for adolescents and adults.	

## STATE AGENCIES

Trillium Health Resources 1708 E. Arlington Blvd. Greenville, NC 27858-4872	Crisis & Access to Care 1-877-685-2415 (toll free) Administrative & Business 1-866-998-2597 (toll free) <a href="http://www.trilliumhealthresources.org">www.trilliumhealthresources.org</a>
Leza Wainwright, CEO	<a href="mailto:info@trillium.org">info@trillium.org</a>
<p>Trillium Health Resources is a leading specialty care manager (LME/MCD) for individuals with substance use, mental illness and intellectual/developmental disabilities in 24 counties in eastern North Carolina. Trillium's mission is to transform the lives of people in need by</p>	

providing them with ready access to quality care. We take a person-centered approach to health & wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care & efficient use of resources. Trillium is investing in innovation to meet the unique needs of the individuals & communities we serve, and remains focused on delivering the right services, in the right amount, at the right time.

## MEDICAL FACILITIES

Community Care Clinic of Dare	261-3041 <a href="http://www.dareclinic.org">www.dareclinic.org</a>
Rick Gray, Executive Director	
The Community Care Clinic of Dare provides basic healthcare, medication assistance, and wellness education for financially challenged, uninsured persons living or working in Dare County.	
Hatteras Clinic– 50347 NC 12, Frisco 475-9329	Patient registration, information, Medical Clinic and Medication Dispensing: Every Tues. 5:30PM-8:30PM
Nags Head Clinic 425 Health Center Drive Nags Head, NC 27959 261-3041	Patient registration and information: Tues. & Thurs. 9AM-1PM Free Medical Clinic and Medication Dispensing– Every Mon. & Wed., 9 am until 2 pm; 2 <sup>nd</sup> Tuesday. 6PM-9PM Spanish to English interpreter available on Mon. & Wed.

Dare Co. Dialysis Center 115 Exeter St. (behind Chesley Mall), Manteo 27954	475-3530 Fax 475-3534 Hours: 5:30AM-4:30PM Mon.-Sat.
Katie Richardson, Clinical Manager	
This 9-station end-stage renal facility is a partnership of Dare Co. and Vidant Health. A physician's referral is required. Medicaid, Medicare, and most private insurance are accepted.	

Outer Banks Family Medicine, Avon 40894 NC 12, Avon 27915 995-3073	Hours: 8AM-4:45PM Mon.-Fri.
A family practice center affiliated with The Outer Banks Hospital	

The Outer Banks Hospital 4800 S. Croatan Hwy. (MP 14) Nags Head 27959	449-4500 <a href="mailto:obhinfo@theobh.com">obhinfo@theobh.com</a> <a href="http://www.theobh.com">www.theobh.com</a>
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Ronnie Sloan, FACHE, President

OBH is a 21-bed acute care facility offering the latest in healthcare advances and technology including emergency, general surgery, orthopedic surgery, gynecologic surgery, birthing, imaging, diagnostic, therapeutic services and inpatient care. The hospital is a partnership between Vidant Health in Greenville, North Carolina and Chesapeake Regional Healthcare. OBH is fully accredited by the Joint Commission on the Accreditation of Healthcare Organizations.

Cancer Resource Center Medical Office Building 4810 S. Croatan Hwy, Suite 220, Nags Head 27959	449-7350 <a href="mailto:cancerinfo@theobh.com">cancerinfo@theobh.com</a> <a href="http://www.theobh.com">www.theobh.com</a> Open Mon. to Fri., 9AM to 5PM. & by appointment
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The OBH Cancer Resource Center is dedicated to helping patients with cancer better understand their diagnosis and treatment and adjust to the changes that a cancer diagnosis brings. The Center offers a comfortable place to sit and browse the extensive library of resources including brochures, medical literature and local resources available to help people dealing with cancer. Trained personnel are available to assist with online computer searches as well. The image boutique has a variety of head coverings and wigs available that have been provided by the generosity of the community. All services of the Center are provided at no cost.

OBH Cancer Outreach 4810 S Croatan Hwy, Suite 112, Nags Head, 27959	Clinic open 8AM-5PM Mon.-Fri. 449-8265
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Two speciality nurse navigators are available to consult with cancer patients and their families and assist them with cancer care coordination. The Nurse Navigator helps patients understand their diagnosis, reviews available resources including transportation, residential assistance & gap coverage & troubleshoots delays/barriers to care. This free service is available to all residents of Dare Co. regardless of place of residence or institution providing medical care

The Outer Banks Hospital Hands of Hope Program 4810 S Croatan Hwy, Nags Head, 27959	449-8265 office
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Community volunteers are specially trained to support individuals and their caregivers facing a diagnosis of cancer. Examples include helping with errands, meals, transportation, respite care for the caregiver, light house or yard work and helping out with light office tasks. These volunteers set an example of caring for others. This is a free service.

The Outer Banks Hospital Urgent Care Center, Milepost 1, the Marketplace, 5565 N. Croatan Highway, Southern Shores 27949	449-7474 Open 7 days a week including Holidays
No appointment necessary On site lab & X-ray Occupational Health Services Urine Drug Screens CDL Physicals (Certified Examiners On-Site) Workman's Comp Worksteps	Walk-ins welcome
The Outer Banks Hospital Urgent Care Center & Family Medicine Milepost 14, 48023 S. Croatan Hwy, Nags Head	261-8040 Open 7 days a week including Holidays
No appointment necessary. Primary care available by appointment	Walk-in welcome

The Outer Banks Hospital Radiation Therapy Center 4125 S. Croatan Highway Nags Head, NC 27959	261-0777 Same or next day appointment 5 days a week
Board certified radiation oncologist, fully-licensed radiation therapists, medical physicists, dosimetrists and support staff. External Beam Radiation Therapy Intensity Modulated Radiation Therapy Image-guided Radiation Therapy	

Sentara Kitty Hawk (formerly Regional Medical Center) 5200 N. Croatan Hwy., Kitty Hawk 27949	255-6000 Website: <a href="http://www.sentara.com">www.sentara.com</a>
Jennifer McNinch, Director	
The Center offers outpatient surgery and radiology including digital 3D mammography, ultrasound, fluoroscopy, CT, MRI, and DXA bone densitometry. Other services include Sentara Albemarle Medical Center laboratory draw station, urgent/primary care, and medical specialists.	

Beach Medical Care LTD 4917 S. Croatan Hwy Unit 1B, Nags Head	261-4187 Fax 261-5182 Hours: M-F 8AM-6PM; Closed Sat & Sun
Yvonne Taylor Lane Practice Manager	ytl.bmc@gmail.com; <a href="http://bmchealthcare.com">bmchealthcare.com</a> Urgent care/family practice; walk-ins
Outer Banks Family Medicine- Manteo 604 Amanda St., Manteo 27954	473-3478 Fax 473-3600 Mon-Thurs.8AM-5PM;FR. 8AM-4PM